



Kedron-Wavell Services Club's 2016 Pentathlon

On Sunday 9th October, the Kedron-Wavell Services Club's 2016 Pentathlon is being held. This annual event sees little athletes from all over South East Queensland compete in a multi event competition hosted by Aspley Little Athletics Club at Bowden Park, Geebung.

In a multi event competition, points are awarded for the performance, not placing in each event. Points are summed across all an athlete's events to determine a grand total. The Pentathlon placings are awarded based on the highest aggregate point totals in each age group.

The Aspley Pentathlon consists of 4 events for U6-U8s and 5 events for U9+. The event mix is made up of a throw event, a jump event and 2 or 3 running events. The mix of events is different for each age group. The program and more details for the 2016 pentathlon can be found online at,

<http://laq.org.au/Competition/Events/aspley-kedron-wavell-rsl-pentathlon>

Nominations for the pentathlon close on Sunday 2nd October at 5pm and no late nominations are accepted. The nomination fee is \$12 per athlete. Under Little Athletics Queensland rules, athletes must wear full City North Club uniform.

Our Club has a long history of strong participation and performances at the Aspley Pentathlon and this pentathlon replaces our regular Saturday competition on the 8th October. It's a great opportunity for our Under 6, 7 and 8 athletes to compete in interclub competition, which is otherwise open only to Under 9 and older age groups.

Let's surprise the Little Athletics clubs in our region with the strength and depth of our athletes!

Sincerely,

Nat.

Nat Wong
Centre Manager

Nomination Instructions

Nominations can be registered by,

- Email to info@citynorthlas.asn.au with the full name and registration number of entrants; or
- In person at the City North registration office at training this Tuesday (27/9) and Thursday (29/9) nights at 5:45pm and at club competition on Saturday 1/10.

Payment can be made by EFT transfer to City North or in person at the registration office via EFTPOS.

Direct Deposit details

Account Name	City North Little Athletics
Bank	Bank of Queensland
BSB	124-021
Account number	1112 7829
Reference	Surname

If paying via EFT Transfer, please print a copy of your remittance advice and present to the registrar in person at City North, or if nominating via email, please attach the remittance advice to your nomination email.

The nomination fee of \$12 per athlete must be received by the close of nominations on Sunday 2nd October 2016.