

Event Schedule Program 4



Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
U6	Vortex	100m	Jump Training	Long jump (Grass)	
U7B	Shot put	100m	200m	Long jump (Grass)	
U7G	Long jump (Grass)	100m	200m	Discus (Green)	
U8B	High Jump (Scissors)	200m	Discus (Green)	500m	
U8G	Discus (Green)	200m	High Jump (Scissors)	500m	
U9B	60m Hurdles (45 cm)	Discus (Green)	100m	Long jump (Grass)	800m
U9G	60m Hurdles (45 cm)	Long jump (Grass)	100m	Shot put	800m
U10B	High Jump (Scissors)	100m	Discus	200m	800m
U10G	Discus	100m	High Jump (Scissors)	200m	800m
U11B	70m	Javelin	200m	Triple jump (Tartan-L)	1500m
U11G	70m	Triple Jump (Tartan-L)	200m	Javelin	1500m
U12B	60m Hurdles (68 cm)	Discus	200m	Long Jump (Tartan-S)	1500m
U12G	60m Hurdles (68 cm)	Long Jump (Tartan-S)	200m	Discus	1500m
U13B	High Jump (Flop mat)	100m	200m	Shot Put	1500m
U13G	Shot Put	100m	200m	High Jump (Flop mat)	1500m
U14- U17	High Jump (Flop mat)	100m	200m	Shot put	1500m

U13 B to run concurrently with U14-U17