



Event Schedule

Saturday, 6 December 2014

Week 14

Program 2 (Shortened for Christmas Party)

Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
U6	70m front straight	Throwing training	Discus (green)		
U7B	Long jump grass	Shot put	70m (front straight)		
U7G	Discus (green)	Long jump grass	70m (front straight)		
U8B	Shot put	Hurdles	200m		
U8G	Shot put	Hurdles	200m		
U9B	70m (front straight)	Hurdles	Long jump grass	800m	
U9G	70m (front straight)	Long jump grass	Hurdles	800m	
U10B	Long jump (grass)	200m	100m (back straight)	800m	
U10G	Long jump (grass)	200m	100m (front straight)	800m	
U11B	100m (front straight)	200m	Shot put	800m	
U11G	100m (front straight)	200m	Shot put	800m	
U12B	70m (front straight)	100m (front straight)	Triple jump (long tartan)	800m	
U12G	Triple jump (long tartan)	70m (front straight)	100m (back straight)	800m	
U13	Discus (blue)	100m (back straight)	Long jump (short tartan)	800m	
U14-U17	Long jump (short tartan)	100m (back straight)	Discus (blue)	800m	

We will have 1 practice (only if numbers are below 12) and 3 measured jumps or throws in field events.